

START LIST · HEAT 5

PB Day · Saturday, 22 August 2026

5K

HEAT 5				19:00 Uhr · 19 athletes · 1 withdrawn
NO.	BIB	NAME	CLUB	SEED TIME
1	48	Tom Pflugbeil	BRIDGERUNNERS Düsseldorf	00:18:00
2	152	Yuta Okuno	Absolute Run Düsseldorf Crew	00:18:00
3	21	Lennart Gierke	BRIDGERUNNERS Düsseldorf	00:18:00
4	74	Julien Bock	hy:pe collective	00:18:00
5	125	Sven Wiesemann		00:17:59
6	93	Steffen Nagel	hy:pe collective	00:17:59
7	44	Manuel Möbes	BRIDGERUNNERS Düsseldorf	00:17:59
8	109	Frans Dahlstedt	Malmö Gueriellaloppert	00:17:59
9	55	Jens Scherer PACE	BRIDGERUNNERS Düsseldorf	00:17:59
10	40	Marie-Therese Linne	BRIDGERUNNERS Düsseldorf	00:17:50
11	147	TAKAAKI KOYAMA	TRU	00:17:50
12	18	Anandbileg Enkhjargal	BRIDGERUNNERS Düsseldorf	00:17:50
13	31	Robby Kirsten	BRIDGERUNNERS Düsseldorf	00:17:40
14	64	Benjamin Wulf	BRIDGERUNNERS Düsseldorf	00:17:30
15	58	Fabian Spinrath	BRIDGERUNNERS Düsseldorf	00:17:30
16	50	Sebastian Rösch	BRIDGERUNNERS Düsseldorf	00:17:30
17	94	Felix Niehoff WITHDRAWN	hy:pe collective	00:17:30
18	20	Rustam Franzmann	BRIDGERUNNERS Düsseldorf	00:17:30
19	34	Niklas Krause	BRIDGERUNNERS Düsseldorf	00:17:25
20	118	Kathi Pesendorfer PACE	TSV Bayer 04 Leverkusen	00:17:25